

Dr. Christine Schaffner Bio

Dr. Christine Schaffner is a board-certified Naturopathic Doctor who has helped thousands of people recover from chronic or complex illnesses. Through online summits, her *Spectrum of Health* podcast, network of Immanence Health clinics, and renown online programs, Dr. Schaffner goes beyond biological medicine, pulling from all systems of medicine and healing modalities--helping patients reclaim their wellness and reveal their brightest light.

After graduating from [Bastyr University](#) in Seattle, Washington, Dr. Schaffner completed her undergraduate studies in Pre-medicine and Psychology at the [University of Virginia](#) in Charlottesville.

With her diverse skill set, Dr. Schaffner seeks to improve access, outcomes, and speed of recovery for patients struggling with chronic, complex, and mystery illnesses. Patients travel from all around the world to reclaim their wellness using her EECO methodology.

WHAT IS EECO™?

EECO™ captures the complete picture: your body's internal environment, how it interacts with the world, and identifies the personal obstacles interfering with healing.

Most modern medicine practitioners see and only treat symptoms. *This is why it fails.*

EECO™ uncovers the root causes of illness and reveals the interdependencies of our biosystem, energy, and environment.

By pulling from multiple systems of medicine, Dr. Schaffner is able to develop individualized treatment plans that focus on addressing the underlying cause of complex chronic illness.

Dr. Schaffner is passionate about educating patients, as well as other practitioners, bringing the most advanced medical protocols to all, as well as creating spaces for healing and rejuvenation.

